

Stay At Home... Enhance Your Lifestyle



*In-Home Care For
Independent Living*



*Keeping Seniors In The
Comfort Of Home*

Call For A Free Home Assessment

757.640.0557



www.seniorcorp.com



NON-MEDICAL SERVICES

- ☑ Companionship and homemaking
- ☑ Home cooked meals
- ☑ Making extra meals to reheat; making baked goods
- ☑ Light housekeeping, laundry, vacuuming, dusting
- ☑ Errands and incidental transportation
- ☑ Go to medical appointments, pharmacy
- ☑ Go to bank, post office, hairdresser, dry cleaner
- ☑ Grocery planning, shopping, carrying and storing
- ☑ Taking walks, sitting on the porch
- ☑ Going out for meals
- ☑ Water plants
- ☑ Walk the dog
- ☑ Medication reminders
- ☑ Take out the garbage
- ☑ Play cards, board games, puzzles
- ☑ Work on scrapbooks and sort pictures
- ☑ Read books, the newspaper, magazines together
- ☑ Organize papers, clothes, drawers
- ☑ Plan calendar, remind for appointments
- ☑ R.N. visit every 90 days as needed



"I created Seniorcorp because my family had such a hard time finding solutions to keeping my grandparents independent and at home."

Tom Knox
Founder And President

HOMEMAKING/LIGHT HOUSEKEEPING

- ☑ Vacuum, dusting, tidy up common area and bedroom
- ☑ Empty hamper, laundry, fold and put clothes away
- ☑ Insure food and essentials are stocked and fresh
- ☑ Clean kitchen and bathroom (using provided cleaning products)
- ☑ Wipe out sinks and toilet seat/rim; dry wet areas
- ☑ Put away dishes, glassware or silverware
- ☑ Clean kitchen surfaces, small appliances, microwave
- ☑ Wipe down switch plates and doorknobs with disposable cloths
- ☑ Change linens, make beds
- ☑ Sweep porch
- ☑ Operate self-cleaning oven
- ☑ Swifter/sweep floors



"Seniorcorp is the very best nursing service that we have used in the last five years."

-Seniorcorp Client

HOUSEKEEPING NOT INCLUDED

- ◆ "Hands and knees" heavy cleaning
- ◆ Scrubbing carpets/rugs or showers/tubs
- ◆ Ironing
- ◆ Moving furniture or heavy boxes
- ◆ Washing windows
- ◆ Climbing on ladders
- ◆ Cleaning silver



PERSONAL CARE SERVICES

- ☑ Bathing
- ☑ Dressing
- ☑ Bathroom assistance
- ☑ Incontinence support
- ☑ Transferring and balance support
- ☑ Reminders and verbal prompting
- ☑ Medication assistance
- ☑ Assist with exercising

HEALTH CARE ADVISOR (HCA)

Seniorcorp's *Health Care Advisor* provides guidance for:

- ◆ Navigating hospitalizations and the medical system.
- ◆ Medicare and choosing the right insurance plans.
- ◆ Home-care service and choosing the best home-care options.
- ◆ Nursing homes, assisted living and selecting the best facilities.
- ◆ Transitioning between home and facilities, or between facilities.
- ◆ Understanding medical diagnoses, care plans, medications and insurance.



"As a physician, having Seniorcorp for my patients is an excellent option, like having an extension of my eyes, ears and hands watching over them in their home. I highly recommend Seniorcorp to family members, adult children, and seniors who want to remain independent.

Dr. Richard Cullen, M.D., Medical Director, Seniorcorp

HEALTH CARE COORDINATION SERVICES

- ☑ An on-call Registered Nurse who will visit you every 90 days, checking your health, environment and current medications.
- ☑ Nurse visits as needed if your condition changes.
- ☑ Quarterly update sent to your physician by your Seniorcorp R.N.
- ☑ We provide guidance and assistance on navigating the healthcare system and long term care system.
- ☑ 24-hour client-only phone number.

*"During a recent visit, my **Seniorcorp** nurse coordinator was reviewing my medications and discovered that I was taking duplicate prescriptions from two different doctors." -Seniorcorp Client*

THE TOP 10 REASONS TO CHOOSE SENIORCORP

1. The employees — 5 background checks, personality testing, drug testing, 3 reference checks, 2 interviews before they are hired.
2. Licensed, bonded and insured.
3. Seniorcorp is the only area agency where employees are offered healthcare, dental, life and disability insurances, and 401(k).
4. We have our own 40-hour training school for Seniorcorp employees.
5. Employee attendance and punctuality are monitored by an automated telephone call-in program.
6. 24-hour client assistance line.
7. Experts on call to assist with any long-term care question.
8. Seniorcorp was created by a local owner because his grandparents received poor care and he vowed to do it differently.
9. We only hire employees who love working with seniors and we would be proud to send to our own families.
10. A family of over 250 employees, dedicated to your independence, health and peace of mind.



"Your staff
is better trained
and more
reliable than
we've previously
experienced!"

-Seniorcorp
Client

FREQUENTLY ASKED QUESTIONS

How long have you been in business?

Seniorcorp has been in business since 2003. We are state-licensed and have an exemplary record. We are a member of the Better Business Bureau and recently received an award as the best home health provider in the area.

How do I pay for services?

You pay a two-week deposit up front (amount based on your anticipated schedule). After that, you will be billed on a monthly basis. You approve the bill and then pay by check or credit card.

Do any insurances cover these services?

Medicare and secondary insurances do not cover these types of services. Long Term Care Insurance covers our services, and we help you file and submit paperwork for funding.

Is there an agreement?

Yes. Because we are licensed by the Commonwealth of Virginia, they require an agreement. They review our agreement and approve its contents for your protection. Seniorcorp's agreement includes a guarantee of service levels and a simple cancellation policy.

What if I need to cancel my service?

If you want or need to cancel your service, or change your schedule, we just ask for a one-week notice.

Why should I hire Seniorcorp instead of a worker who I pay privately?

There are four key reasons. First, we do extensive background checking to try to guard against abuse or theft. Second, we pay all the payroll and FICA taxes so that you are not exposed to legal liability. Third, we provide Worker's Compensation insurance so that you are not responsible for medical bills and possible lost wages if the worker is injured in your home. Fourth, we provide back-up caregivers, nurse visits, and experts on call. All of this gives you greater peace of mind!

What if services are unsatisfactory?

You call Seniorcorp, explain the problem, and we deduct the unsatisfactory shift from your billing statement.